



# CEDAR HILL

## Sports Therapy Clinic

### Massage Therapy: Confidential Medical Health History

Name: \_\_\_\_\_

Major complaint: \_\_\_\_\_

What makes your current condition **worse**? \_\_\_\_\_ **Better**? \_\_\_\_\_

Have you had this condition in the past? Yes  No  If yes, was it resolved? Yes  No

What **medications** are you currently taking, and why? \_\_\_\_\_

Please list any **surgeries, major injuries, or accidents** you have had: \_\_\_\_\_

What is your current **level of stress**? None / Slight / Moderate / Severe

What is your current level of **physical activity**? None / Low / Moderate / High

What recreational activities do you engage in? \_\_\_\_\_

Are you **currently** being seen by: Chiropractor / Physiotherapist / Acupuncture & TCM / Naturopath / Other

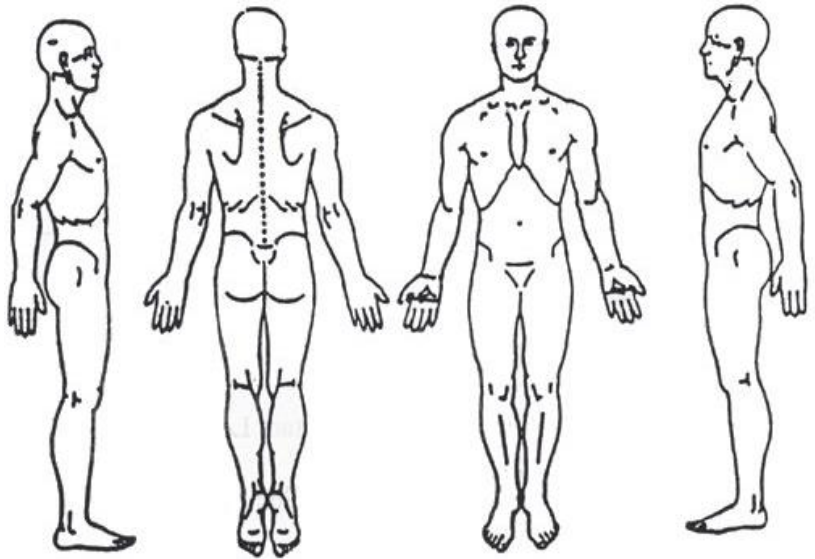
Please **circle any** of the following **that apply to you**:

- |                         |                            |
|-------------------------|----------------------------|
| Heart Condition         | Osteo/Rheumatoid Arthritis |
| Stroke (CVA)            | Fibromyalgia               |
| High/Low Blood Pressure | Spinal Injury              |
| Respiratory Conditions  | Loss of Sensation/Tingling |
| Pregnancy               | Diabetes                   |
| Fractures/Dislocations  | Varicose Veins             |
| Menstrual Problems      | Dizziness                  |
| Skin Conditions         | Digestive Disorders        |
| Headaches (recurrent)   | Seizures                   |
| Cancer/Tumours/Cysts    | Contagious Condition       |

Allergies: \_\_\_\_\_

Other: \_\_\_\_\_

Please **mark** on the diagram any **areas of concern**:



Is this an **ICBC claim**? Yes  No

Date of accident (MM/DD/YYYY): \_\_\_/\_\_\_/\_\_\_

To the best of my knowledge the above is a true statement of my physical condition.

Signature: \_\_\_\_\_

Date(MM/DD/YYYY): \_\_\_/\_\_\_/\_\_\_